

SAVE THE DATE!



Taking Care
of Yourself

Advocacy

Dealing with
Challenging
Behaviors

Networking
and
Social Support

Recreational
Activities

Respite
Opportunities



"We Walk Together"

A Forum for Caregivers

Saturday April 9, 2011 - 10am to 3:30pm

Hilton Garden Inn at Innsbrook in Glen Allen, Virginia

The DRS Federal Traumatic Brain Injury Grant is hosting a **FREE CAREGIVER FORUM** for caregivers and family members of loved ones who have a brain injury.

*Lunch and refreshments will be provided.
Separate activities for survivors available upon request.
Hotel accommodations, if needed, are available at no cost.*

SPACE IS LIMITED! Register by April 1st !

For more information, please contact Dena Schall, TBI Grant Program Specialist, at (804) 662-9127 or email Dena.Schall@DRS.Virginia.gov